



PRAISE ACADEMY of DANCE

T: (246) 262-7595 E: praiseacademybds@yahoo.com
www.praiseacademyofdance.org



SATURDAYS		STUDIO 1		LEVEL
TIME		TYPE		
8:30am - 9:30am		Pre Primary Ballet		3-5yrs
		Devotions Pre-Primary Ballet		
9:30am - 10:30am		ISTD Primary Ballet		6-12yrs
		Devotions Primary		
10:30am - 11:30pm		ISTD Ballet Grade 1		
		Devotions		
11:30am - 12:30pm		ISTD Ballet Grade 2		
12:30pm - 1:30pm		ISTD Modern Grade 1		5-7yrs
		Devotions		
1:30pm - 2:30pm		ISTD Modern Grade 2		
2:00pm - 2:15pm		Devotions		
	SATURDAYS	STUDIO 2		
TIME		TYPE		LEVEL
9:00am - 10:00am		Children's Theatre		6 - 12 yrs
10:00am - 11:00am		PRAISE ACADEMY CHILDREN ENSEMBLE (Voice for Kids)		5 - 10 yrs
11:00am - 12:00pm		Musical Theatre		11 yrs and up
12:00pm - 1:00pm		Gymnastics		Open
1:00pm - 2:00pm		Voice		11 yrs and up
2:00pm - 3:00pm		ISTD Modern Grade 3		
	SATURDAYS	STUDIO 3		
9:00am - 11:00am		CAPE Entrepreneurial Studies/Law		
11:00am - 1:00pm		CXC Visual Arts		12yrs and up
1:00pm - 2:00pm		CAPE Film		
2:00pm - 3:00pm		CAPE Theatre		
3:00pm - 4:00pm		CXC Music		Audition Req'd
4:00pm - 5:00pm		Dance Ministry Degree		

	MONDAYS	STUDIO 1	
TIME		TYPE	LEVEL
4:45pm - 5:45pm		ISTD Street Dance/Hip Hop	11yrs and up
5:45pm - 8:00pm		NIFCA Rehearsals	
		STUDIO 2	
4:45pm - 5:45pm		Modern Intermediate	
5:45pm - 6:45pm		ISTD Modern Grade 4	
6:45pm - 8:00pm		Modern Advanced 1	
	MONDAYS		
4:45pm - 5:45pm		CXC Theatre Arts	
	TUESDAYS	STUDIO 1	
TIME		TYPE	LEVEL
4:45pm - 6:00pm		ISTD Ballet Grade 4	
6:00pm - 8:00pm		Ballet Int. Foundation	
		STUDIO 2	
4:00pm - 6:00pm		NIFCA Rehearsals	
6:00pm - 7:00pm		CAPE Music	
	WEDNESDAYS		
TIME		TYPE	LEVEL
4:45pm - 6:00pm		ISTD Ballet Grade 4	
6:00pm - 8:00pm		Ballet Int. Foundation	
		STUDIO 2	
4:00pm - 6:00pm		NIFCA Rehearsals	
6:00pm - 7:00pm		Modern Grade 6	
7:00pm - 8:00pm		CAPE Level 2 (Dance)	
	THURSDAYS		
TIME		TYPE	LEVEL
4:45pm - 5:45pm		Ballet Grade 1	6 - 12 yrs
5:45pm - 6:45pm		Ballet Grade 2	6-12 yrs
6:45pm - 7:45pm		Ballet Open	
		STUDIO 2	
4:45pm - 5:45pm		Ballet Grade 3	
5:45pm - 7:00pm		Modern Grade 6	
7:00pm - 8:00pm		Diploma in Dance Education	ISTD INT/ADV
	FRIDAYS		
TIME		TYPE	LEVEL
4:45pm - 5:45pm		ISTD Pre-Primary Ballet	5 yrs
5:45pm - 6:45pm		Jazz Silver	

6:45pm - 7:45pm		Jazz Bronze	Open
		STUDIO 2	
4:45pm - 6:00pm		Ballet Grade 3	
6:00pm - 9:00pm		NIFCA Rehearsal	Level 1
ST. PHILIP BRANCH			
	SATURDAYS		
TIME		TYPE	LEVEL
8:45am - 9:15am		Devotions Pre-Primary Ballet	
9:15am - 10:00am		Pre Primary Ballet	3-5 yrs
10:00am - 11:00am		Gymnastics	(Level 1)
11:00am - 12:00pm		Primary Ballet	6-12 yrs
12:00pm - 1:00pm		Modern Grade 1	6-12 yrs
1:00pm - 2:00pm		Modern Grade 2	6 - 12 yrs
2:00pm - 3:15pm		Ballet Grade 3	6 - 12 yrs
3:15pm - 4:15pm		Modern Grade 4	6-12 yrs
	MONDAYS		
TIME		TYPE	LEVEL
4:15pm - 5:30pm		Ballet Grade 1	6 - 12 yrs
5:30pm - 7:00pm		Ballet Grade 2	6 - 12 yrs
7:00pm - 8:30pm		Adult Beginner Ballet	Teen/Adult

